



## **SOUTH INFIRMARY VICTORIA UNIVERSITY HOSPITAL**

### **ORTHOPAEDIC OUT PATIENT'S DEPARTMENT**

### **Information for Parents relating to Casting Materials**

Your Baby/ Child has a Cast which is made of a synthetic material containing polyurethane resin which is known as **Softcast**.

This allows the Cast to be removed by unwinding/peeling.

**It does NOT require a Plaster-Saw to remove same.**

While wearing a Cast the following rules apply:

- **Keep Cast dry.**
- **Do NOT put ANYTHING down the Cast.**
- **Rest your Baby's limb on a small pillow or rolled up towel or blanket - this avoids swelling occurring.**
- **Check Baby's skin at the edge of the Cast at each nappy change for redness or irritation.**
- **Check the toes are of normal appearance and warm.**
- **Check the toes are clearly visible.**
- **A cotton bud or a "wipe" can be used to clean between toes.**

If you have any concerns, contact the Out-Patient staff at South Infirmary Victoria University Hospital

Monday \_\_\_ Thursday 09.00 – 1600; Friday 09.00 – 13.00. O21- 4926175

You will also be shown how to remove a Cast, so that out-of-hours, you or your G.P. can proceed if there is a problem. Contact the Orthopaedic Outpatients as soon as possible to arrange a new appointment.